

PUBLIC HEALTH EMERGENCY ISOLATION ORDER

SUMMARY OF THE ORDER

California is in a State of Emergency because of the COVID-19 pandemic. The spread of Novel Coronavirus (COVID-19) is a substantial danger to the health of the public within the County of Stanislaus. COVID-19 can easily spread between people who are in close contact with one another. Everyone is at risk for becoming ill with COVID-19, but some people are more vulnerable to serious illness, including pneumonia, organ failure, or death, due to their age, physical state, and/or health status. Currently, there is no vaccine available to protect against COVID-19 and no specific treatment for its symptoms.

In order to help slow COVID-19's spread, protect vulnerable individuals, and prevent the healthcare system in Stanislaus County from being overwhelmed, it is necessary for the County of Stanislaus Health Officer ("Health Officer") to require the **self-isolation** of persons diagnosed with or likely to have COVID-19.

UNDER THE AUTHORITY OF THE CALIFORNIA HEALTH AND SAFETY CODE SECTIONS 101040, 101085, 120175, 120215, 120220, AND 120225, THE COUNTY OF STANISLAUS HEALTH OFFICER ORDERS:

All individuals who have been diagnosed with or who are likely to have COVID-19 must isolate themselves. These persons are required to follow all instructions in this Order and the Public Health guidance documents referenced in this Order.

This Order is in effect until rescinded in writing by the Health Officer.

Isolation Requirement for Individuals Diagnosed with or Likely to Have COVID-19

All individuals who have been diagnosed with or are likely to have COVID-19 must immediately take the following actions:

- **Isolate themselves in their home or another residence until: (a) at least 10 days since symptoms first appeared, AND (b), at least 1 days (24 hours) have passed since recovery, defined as resolution of fever without use of fever-reducing medications and improvement of respiratory symptoms (e.g., cough, shortness of breaths).** Until this time, they may not leave their place of isolation or enter any other public or private place, except to receive necessary medical care.
- **Carefully review and closely follow all requirements listed in the "Home Isolation Instruction for People with Coronavirus Disease 2019 (COVID-19) Infection,"** which is available in [English](#) and [Spanish](#).
- **Notify all of their close contacts, as defined below, that they need to be in quarantine for 14 days after their last contact with them.**

A person is considered to be a close contact of a person with or likely to have COVID-19 if, within 48 hours before that person's symptoms began and until that person is no longer required to be isolated, they (a) were within six (6) feet of a person who has or is likely to have COVID-19 for more than fifteen (15) minutes or (b) had unprotected contact with the body fluids and/or secretions (such as being coughed on/sneezed on, shared utensils or saliva, or provided care without wearing protective equipment) of a person who has or is likely to have COVID-19.

Refer them to the "Home Quarantine Guidance for Close Contacts to Coronavirus 2019 (COVID-19)" document which is available in [English](#) and [Spanish](#). This document describes steps that household contacts, intimate partners, caregivers, and other close contacts must take to prevent spread of COVID-19. This is necessary because close contacts have been exposed to COVID-19 and, if infected, can easily spread COVID-19 to others, even if they have only mild symptoms.

Individuals are required to isolate themselves because they have or are likely to have COVID-19.

Self-isolation is immediately required if a person meets one or more of the following factors:

- a) A positive lab test for COVID-19
- b) Signs and symptoms that are consistent with COVID-19 within 14 days of being in close contact with a person who had or was believed to have had COVID-19 **OR**
- c) A physician has informed the individual that they are likely to have COVID-19.

These persons are required to self-isolate because a person infected with or likely to have COVID-19 can easily spread the virus to others. Isolation separates these ill individuals from others to prevent the spread of COVID-19. This Order protects everyone, including people who are high risk for serious illness, such as older adults and people with weakened immune systems.

Isolated individuals must isolate themselves in a residence and follow all directions in this Order until they are no longer at risk for spreading COVID-19 based upon the following criteria:

- a) At least **10 days** have passed since symptoms first appeared **AND**
- b) At least **1 day (24 hours)** have passed since recovery, defined as resolution of fever without the use of fever-reducing medications and improvement of cough, shortness of breath, and other symptoms.

The Health Officer may take additional action(s), which may include civil detention or requiring one to stay at a health facility or other location, to protect the public's health if an individual who is subject to this Order violates or fails to comply with this Order. Violation of this Order is also a misdemeanor punishable by imprisonment, fine or both. (Health and Safety Code §120295)