

Index Values	Air Quality Description	Health Cautionary Statement
	(Color Description)	
0-50	Good	No limitations
	(Green)	
51 - 100	Moderate	Extremely sensitive children and adults, especially with respiratory
	(Light Yellow)	diseases such as asthma, should consider limiting outdoor exertion.
101 - 150	Unhealthy for Sensitive Groups	Sensitive children, adults and especially those with respiratory diseases such as asthma, should limit
	(Orange)	prolonged outdoor exertion.
151 - 200	Unhealthy	Sensitive children and adults should avoid outdoor exertion and everyone
	(Red)	else should limit prolonged outdoor exertion during peak ozone periods.
201 - 300	Very Unhealthy	Sensitive children and adults should avoid outdoor activities and remain
	(Purple)	indoors. Everyone else should avoid outdoor exertion.
Over 300	Hazardous	Everyone, especially children, should
	(Deep Purple)	avoid outdoor activities and remain indoors.

Visit the EPA's website at: www.epa.gov/airnow/aqibroch/aqi.html